

# OILY & ACNE-PRONE SKIN SOLUTION.

## FOR YOU.

A pioneer of dermo-cosmetic simplification, Professional Skin Solutions Lab offers an essential range of Swiss cosmetics.

elementrē  
— DERMO COSMETICS —

Your elementary solution for beautiful skin.

# THE ESSENTIAL.



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# FOR YOU.

## CONGESTED, OILY & ACNE-PRONE SKIN

Skin pores can become blocked by oil, bacteria, dead skin cells and dirt. When this occurs, a **pimple** can develop. If the skin is repeatedly affected, acne can occur.

Common lesions in acne are called comedones:

- ♦ **Blackheads:** pimple open at the skin surface.
- ♦ **Whiteheads:** pimple closed just under the skin surface.
- ♦ **Papules:** small, red bumps caused by inflamed or infected hair follicles.
- ♦ **Pustules:** small red pimples with pus at their tips.
- ♦ **Nodules:** solid and often painful

lumps beneath the skin surface.

- ♦ **Cysts:** large lumps beneath the skin that contain pus and are painful.

**Inflammatory lesions are more likely to cause scarring to the skin.**

Risk factors for developing acne include hormonal changes, certain medications, a diet high in refined sugars or carbohydrates, and having a parent who had acne.

Self-care, topical creams, medication as well as in-clinic procedures can help treat acne as well as prevent scarring.

## HOME PROTOCOL: SELECT FROM EACH STEP



CLEANSING GEL



0.5%  
RETINOL  
SERUM



6%  
NIACINAMIDE  
& HYALURONIC  
ACID CREAM



MICELLAR  
WATER



ENZYME  
PEEL GEL



15%  
VITAMIN C  
SERUM



8%  
PEPTIDES &  
HYALURONIC  
ACID CREAM

1 - PREPARE

2 - CORRECT

3 - ENHANCE

## OILY & ACNE-PRONE SKIN FACIAL PROTOCOL



### 1 - PREPARE your skin

Deep cleanse and soothe your skin with **3.5% Glycerin Cleansing Gel** or **2% Micellar Water**. **Glycerin increases skin hydration and leaves a smooth finish.** Gently exfoliate your skin with **3% Papaya Enzyme Peel Gel**. **Papaya removes the superficial layer of skin and damaged keratin.**

### 2 - CORRECT your skin concerns and imperfections

Apply and massage **0.5% Retinol Revitalizing Serum** on your whole face and neck.

**STAR INGREDIENT:** Retinol prompts surface skin cells to turn over, making way for new cell growth underneath.

### 3 - ENHANCE your skin vitality and beauty

Apply and massage **6% Niacinamide & H.A. Nourishing Cream** on your whole face and neck. **Niacinamide improves the skin structure and smoothes out wrinkles. Hyaluronic Acid increases skin moisture and reduces the appearance of fine lines.** Use a sunscreen (SPF50+) daily to protect your skin.

## CAN BE COMBINED WITH PROFESSIONAL DEVICES

The elementrē dermo cosmetics range has been developed to be combined with professional protocols and devices for optimal in-clinic treatments.

- ♦ **Dermabrasion rotating brush:** to remove the outer layers of skin and dead skin cells.
- ♦ **LED Light Therapy:** to trigger the skin's natural healing processes. Blue light reduces the activity in the sebaceous glands and kills the bacteria that contributes to acne. Red light improves scarring by acting on the fibroblasts, the cells responsible for collagen production.

Persistent acne may require a doctor-prescribed medical treatment, supported by in-clinic and homecare treatments.

